LABORATORY TESTS for MEDICAL PERPETUATING FACTORS OF PAIN

Serum tests

- Vitamin D, 25-hydroxy<sup>1,2,3,4</sup>
- Thyroid stimulating hormone (TSH)<sup>6,7</sup>
- Ferritin<sup>5,7</sup>
- Vitamin B12<sup>5,9</sup>
- Vitamin B1<sup>8</sup>
- Vitamin B2<sup>8</sup>
- Vitamin C<sup>8,10</sup>
- Magnesium<sup>4</sup>
- Testosterone<sup>11</sup>
- Estrogen
- Lyme antibodies titer<sup>12</sup>
- C-reactive protein<sup>8</sup>
- Hepatitis C antibodies<sup>8</sup>
- Antinuclear Antibodies (ANA) titer<sup>8</sup>

References

4. Dommerholt J, Huijbregts P,Gerwin R. Nutritional and Metabolic Perpetuating Factors in Myofascial Pain; Ch. 3, pp 51-61, in Myofascial Trigger Points: Pathophysiology and Evidence-Informed Diagnosis and Management. Sudbury, Massachusetts; Jones and Bartlett; 2011